



Grade 1 Health
Lesson two in a series of two

Living
Respectfully

Developing
Self-Esteem

Respecting
Diversity

Preventing
Prejudice


Developing a Sense of Pride in Oneself and Respecting the Similarities and Differences of Others

Contributor(s)

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Lesson or Unit Plan Objective

- To understand that there are cultural and religious similarities and differences among all people
- To develop a sense of pride in one's cultural and religious beliefs.
- To recognize that differences of others need to be respected

 **Time:** 60 minutes

Materials

- Student handout 1 from previous lesson
- Star template

Getting Started

Knowledge Now

This lesson is intended to be the second consecutive lesson in the Health 1 (theme one and two) curriculum. It is a great way to reinforce the objectives of the lesson, demonstrate acceptance and continue to develop a strong self-esteem regarding one's traditions.

- Use think/pair/share to review the definitions from the last lesson (respect, unique, belief).
- Ask for examples of beliefs (religious or secular) that are unique to each of us and how we can show respect for them.

Engaging Interest

- Students will need handout 1 (completed) from the previous lesson. With teacher leadership, students might review the handouts of what their family celebrates.
- Students also need to consider why their beliefs are unique, and why they should feel proud of them. The teacher may want to have the students do this part of the task in their journal or in another printed format. Perhaps a picture could be drawn

Learning Activities

- Using the handout from the previous lesson, have students write a short paragraph (three to five sentences) about their families' celebrations. They may choose the one from their handout or they can write about a different one. They will need to name the celebration and explain why they do this as a family and what it means to them.
- The teacher may want to provide the class with sentence starters, such as 'My family is unique/special because we celebrate _____. This is important to us because _____.
- Once they have written their sentences and they have been checked by the teacher, they can do their good copy onto the star template that is provided.
- The teacher could choose to do a bulletin board with all of the stars and a title, such as We Celebrate or We Respect Each Other Because We Are Unique and Special.
- Another option would be for the teacher to choose to make a class book. The students could draw a related picture on the other side of the star and then laminate each star. Punch a hole in the top of each star and put them onto a large binder ring. Students can practise reading from the book aloud with their peers.

Assessment/Analysis

- Both the bulletin board and the class book are a great way to celebrate each child's uniqueness. Discuss with the students why we did this activity.

Application

- Draw a picture that shows how this knowledge of the words *respect*, *unique* and *belief* can be applied to everyday life.

Activities for Extension and/or Integration

- The class book could also incorporate the students' physical attributes on one side and their celebrations on the other.
- Invite the parents to a celebration/tea to view the stars.
- The stars could be used as a presentation to another class.

Subject and Level Learner Outcomes for Subject and Level

R-1.9 recognize and accept individual differences within groups; for example, one's own family.

Safe and Caring Topics and Concepts

- Live respectfully
- Develop self-esteem
- Respect diversity and prevent prejudice

Teaching Strategies

Go to www.sacsc.ca/ Resources_Strategies. htm for strategy descriptions	Cooperative Learning	Inquiry Learning	Direct Instruction
	<ul style="list-style-type: none"> • Think/pair/share 		<ul style="list-style-type: none"> • Questions • Class discussion

Generalization and Transfer	Peer Teaching	Empathy/Affective Education	General Teaching Activities/Ideas
<ul style="list-style-type: none"> • Modelling • Reinforcement 			<ul style="list-style-type: none"> • Bulletin board • Class book

Supplementary Resources

- Fast, A., et al. 2003 *ATA Safe and Caring Schools for Students of All Faiths: A Guide for Teachers*, 2003
- Interfaith Calendar: Primary Sacred Times for World Religions
www.interfaithcalendar.org

Star template

